



NEWS BULLETIN

SUFFOLK COUNTY DEPARTMENT of CIVIL SERVICE OFFICE OF PUBLIC INFORMATION

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May 2011

For **Y**our **I**nformation from...Suffolk County Executive Steve Levy's Office of Women's Services
Deanna Marshall, Director

May is "Perinatal Mood Disorders Awareness Month" in Suffolk County



The Suffolk County Office of Women's Services, in collaboration with The Postpartum Resource Center of New York Inc., Suffolk County Women's Advisory Commission, Suffolk County Department of Health Services and Suffolk Perinatal Coalition is hosting:

Pregnancy and Postpartum Depression

"The Impact on the Family – It's not just the Baby Blues"

Studies indicate that perinatal mood disorders, better known as postpartum depression, may affect not only the mother experiencing these symptoms, but also the newborn infant and the other members of the family. As such, we are pleased to host this upcoming *free* event that focuses on increasing awareness throughout the county for the mother, the father, family members, health care providers, mental health professions and public servants.

This event takes place on **Tuesday, May 17, 2011, from 5:00p.m. – 8:00p.m.** (registration begins at 4:30p.m.) at the H. Lee Dennison Building, 100 Veterans Memorial Hwy. in Hauppauge. A light dinner will be served at 5:30 p.m.

Guest speakers will include Andrea Carlsen, MD, Child, Adolescent and Adult Psychiatry and Medical Director, North Shore TMS; Wendy Isnardi, author of "Nobody Told Me; My Battle with Postpartum Depression and Obsessive Compulsive Disorder"; Sandra R. Wolkoff, LCSW, Graduate Fellow, National Zero To Three Center and Director, Maternal Depression Program, North Shore Child and Family Guidance Center.

"Postpartum depression affects some 4,000 families in Suffolk County every year," according to Sonia Murdock, co-founder and executive director of the Postpartum Resource Center of New York. "It affects not only the mother or father experiencing these symptoms, but also the newborn infant and the other family members."

For information on this or other issues dealing with Women's Services contact: The Office of Women's Services at (631) **853-8284** or email: womens.services@suffolkcountyny.gov.